

A couple of trail tips:

Connecting trail to the Hälsingeleden Trail.

From Jädraås is a 50 km long offshoot of the Gästrikeleden Trail to Lingbo. On this part, which is a connecting trail to the Hälsingleden Trail, are many beautiful areas. Approximately eight kilometres north of Jädraås is Mocksjöberget Mountain. There are remnants of the Långfäbodarna shielings here. After a further six kilometres the trail connects with the Kölsjöån Stream and accompanies it along the last part of the trail to Åmot. Directly north of Åmot is the Björnsåpåret Track, which is an undulating trail circuit of seven kilometres connecting with the Gästrikeleden. Along Björnsåpåret Track are prepared rest areas and spots with some great views.



Bresiljeån Stream as seen from Bungal Chapel

Rönnåsleden Trail

The part of the Gästrikeleden Trail that runs along Rönnåsen Ridge is very popular. There is so much to see on and around the ridge with its long tradition as a recreational area. The traversing trail south of Rönnåsen and Häståsen become the Rönnåsleden Trail for 13 kilometres.



Åbergs Shieling

Welcome to the Gästrikeleden Trail!

The Gästrikeleden Trail will take you on a journey around Gästrikland's countryside and cultural history. Many of the villages, lakes and marshes in this western part have Finnish-sounding names. These names are traces remaining from the great immigration of Finnish people to Sweden in the 1600s.

This stage of the trail takes you up through Ödmården, an area of boundary forest that previously separated the more populated river valleys. The remains of foundations, charcoal kilns and shielings helps us understand the immense importance of the forest for this area.

Walking through this beautiful countryside gives a number of positive effects. Along the Gästrikeleden Trail you will experience interesting and relaxing encounters with both nature and cultural environments while at the same time getting some great exercise.

This leaflet is one of a series of four covering the whole of the Gästrikeleden Trail including traversing and connecting trails. The leaflets are also available as PDF files on all Gästrikland municipality web sites and on www.gastrikland.com.



Orange markers on trees and posts mark out the trail. To avoid any uncertainty there are arrows showing direction or signs marked GÄSTRIKELEDEN.

Map tips: The leisure time map "Fritidskarta Gästrikland", produced in a co-operation between the Gästrikland municipalities, covers the whole trail. Scale 1:90 000. Another alternative is to print out maps from the Internet. Under "Kartor" (Maps) on www.eniro.se you can easily choose which part of the trail you want to print out.

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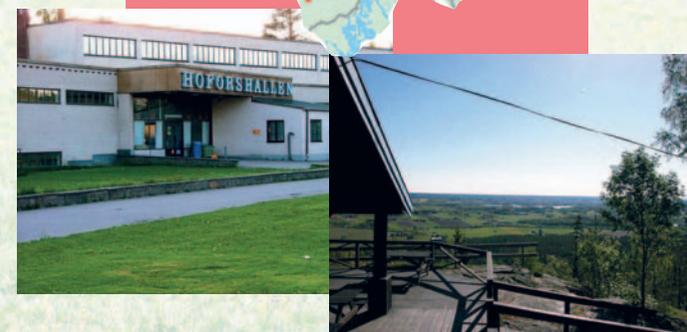
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270 km of marked walking trails
around Gästrikland
+ traversing and connecting trails



1. Hemlingby, (Gävle) - Gysinge, (Sandviken)
2. Gysinge, (Sandviken) - Hofors

3. HOFORS - RÖNNÅSEN

(Ockelbo)

4. Rönnåsen, (Ockelbo) - Hemlingby, (Gävle)

HOFORS - RÖNNÅSEN

1. HAIF cabin and Solbergadalen Nature Reserve. The stream has created a ravine with a unique concentration of forestry flora.

2. Storvika shielings are one of a number of mountain pasture grounds that farmers in Storvik had around Vikåsen Ridge. Some buildings remain.

3. Hohällans Nature Reserve. Hohällan is a partly barren rock face with low growing and sparse pine forest. The bedrock has been built up by the volcanic rock, syenite.

4. The power of the Vallbyån Stream has been used for many enterprises around the area of **Skatfors** such as a small watermill, a forge and a flax processing works.

5. The **Åttersta** farmers also used to be mining peasants. In the year 1570 an Osmund forge was built in Åttersta. Along the **Borr-sjöån Stream** are otters and the stream is also home to salmon trout and crayfish.

6. One of the original shieling cottages remains at **Långbodarna**. 1900 was the last year of use for these mountain pasture grounds.

7. The **Laxbäcken Stream** has carved out a ravine between Styggberget and Gruvberget Mountains. The meandering arcs of the stream show the effect running water can have on a landscape.

8. Härnen Lake is a popular fishing lake with introduced fish.

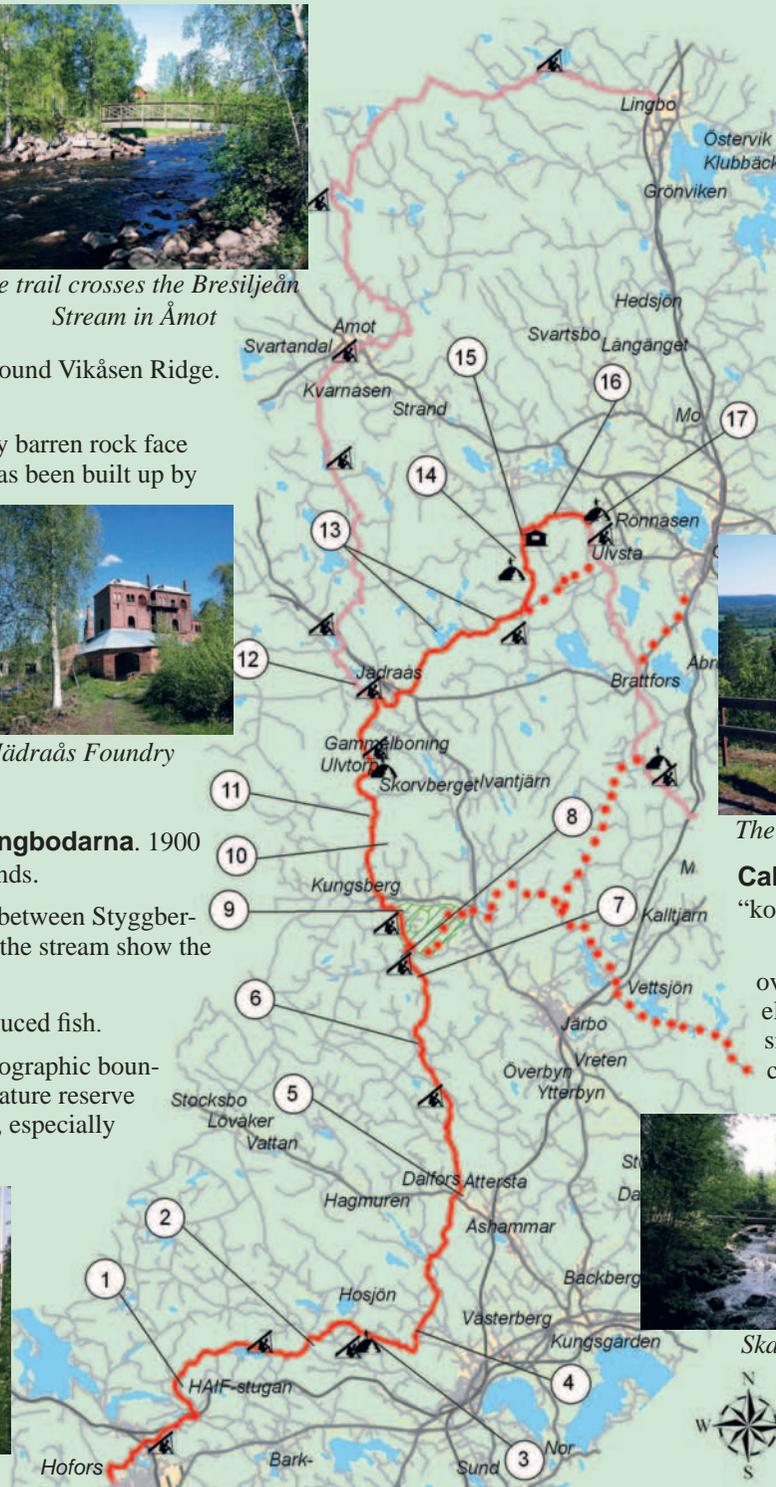
9. Kungsberget Mountain is situated in a phytogeographic boundary zone between north and south. The mountain is a nature reserve and one of Gästriklands most popular recreational areas, especially for skiing.



The trail crosses the Bresiljeån Stream in Åmot



Jädraås Foundry



HAIF cabin



Skatfors



The view from Rönnåsstugan Cottage



Excursion tips at Rönnåsen Ridge

10. Sjukällan Spring is a natural spring rising up out of the south-facing slopes of the Åsen Ridge.

11. Upon reaching the **Åsen Ridge** you will find yourself at the highest point of the Gästrikleden Trail, 310 metres above sea level.

12. Jädraås is a relatively young industrial community. The smithy was in use the longest until 1940. Both the smithy and foundry remain and are preserved and managed by the association Jädraås Bruk. The museum society Museisällskapet Jädraås – Tallås Jämväg runs the very active railway museum in Jädraås.

13. The Gästrikleden Trail runs right along the lakes **Tansen** and **Liss-Tansen**. Why not walk the trail to one of the lakes and try some fishing? In Tansen Lake are perch and pike and in Liss-Tansen are introduced rainbow and brook trout. Ulvsta Fvof Association manages the fish population of these lakes.

14. Brandtornet Tower on the top of **Häståsen Ridge** gives you magnificent views in all weathers.

15. Åberg's Shieling is a popular rest area for walkers. Quench your thirst at the spring at the shieling.

16. Charcoalers' huts were popular in the past. In **Kerstis Cabin** on Rönnåsen Ridge's northern slopes you can make your own "kolbullar" (charcoal pancakes).

17. Rönnåsen Ridge, with its rubble fields and fantastic views over the Testeboån River valley, Bysjön with its many lakes and Ockelbo village, is one of the Gästrikleden Trail's most popular excursions. The association Friluftsförbundet has a summer café at the top cottage.