A couple of trail tips:

Along this stage of the trail the Lenåsleden Trail joins up with the Gästrikeleden Trail at Mårtensklack. The Lenåsleden Trail is 7.5 km long and connects the Gästrikeleden and Fäbodleden Trails. Fäbodleden Trail is 28 kilometres long and goes between Kungfors, at Kungsberget Mountain, and down to Högbo where the Fäbodleden Trail connects with the Gästrikeleden Trail. With the help of these three trails and existing forestry roads that connect the trails it is easy to find a trail of suitable length on your map.



Brattfors

At Högbo are some nature trails and a large number of exercise tracks of up to 15 kms to choose from.



Övre Hammaren at Högbo

Welcome to the Gästrikeleden Trail!

The Gästrikeleden Trail will take you on a journey around Gästrikland's countryside and cultural history.

Walking through this beautiful countryside gives a number of positive effects. Along the Gästrikeleden Trail you will experience interesting and relaxing encounters with both nature and cultural environments while at the same time getting some great exercise.

This leaflet is one of a series of four covering the whole of the Gästrikeleden Trail including traversing and connecting trails. The leaflets are also available as PDF files on all Gästrikland municipality web sites and on www.gastrikland.com.

Orange markers on trees and posts mark out the trail. To avoid any uncertainty there are arrows showing direction or signs marked GÄSTRIKELEDEN.



<u>Map tips:</u> The leisure time map "*Fritidskarta Gästrikland*", produced in a co-operation between the Gästrikland municipalities, covers the whole trail. Scale 1:90 000.

Another alternative is to print out maps from the Internet. Under "Kartor" (Maps) on www.eniro.se you can easily choose which part of the trail you want to print out.

Kontact:

Gävle kommun
Kultur & Fritid
0290-290 00
026-17 80 00

Ockelbo kommun
Ockelbo kommun
Kultur & Fritid
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026-24 00 00

Gästrikland Turism 026-66 00 26 www.gastrikland.com



270 km of marked walking trails around Gästrikland + traversing and connecting trails





- 1. Hemlingby, (Gävle) Gysinge, (Sandviken)
- 2. Gysinge, (Sandviken) Hofors
- 3. Hofors Rönnåsen, (Ockelbo)

4. RÖNNÅSEN - HEMLINGBY

(Ockelbo)

(Gävle)

1. Rönnåsen Ridge is one of the Gästrikeleden most popular excursions on the Gästrikeleden Trail. Views over the Testeboån River valley, Bysjön with its many lakes and Ockelbo village are very picturesque. At the Rönnåsstugan Cottage at the top is a summer café run by the association Friluftsfrämjande.

2. The smithy in **Brattfors** was part of the Ockelbo works. Today, there are remnants of the upper smithy and remains of the forge and parts of the water wheel. There are also remnants of the charcoal sheds and other buildings that were part of the works. The former labourers' quarters are idylically situated by the small pond.

3. With its height of 274 metres above sea level, **Mårstensklack Hill** is one of the outer foothills of the Norrland terrain. Along the mountain's slopes you can clearly see the different zones created by the sea. On clear days the sea at its current level can be seen from the top.

4. At Medskogssjön Lake the trail follows The Historic Route (Tidernas Väg). Beside the lake is a camping ground with accommodation, a restaurant and a popular bathing area.

5. Rosenbergs rest cabin for walkers and outdoor activities.

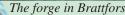
6. Mining peasants built the works, **Högbo Bruk**, at the beginning of the 1600s. Högbo Works now offers a unique combination of outdoor activities, cultural history, nature, dining, accommodation and

different experiences.



Akrarna

Ockelbo



Overby Högbo Bruk

2.5

fäbodar



RÖNNÅSEN - HEMLINGBY

7. The Öjaren Lake is Gästrikland's second largest lake and is the source of drinking water for Sandviken.

8. Svartviksstugan Cottage is a popular excursion situated beside Öjaren Lake.

9. The end of the 1500s saw the initiation of iron production at the **Mackmyra Bruk** works. The works are still complete and now incorporate Sweden's only whisky distillery.

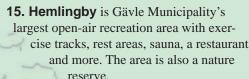
10. Spikåsbäcken Stream has cut deeply down into the sediment. In the stream's ravine is a lush area of mixed forest.

11. Here the trail passes Valboasen Ridge, which is one part of the eastern fork of the Enköpingsåsen Ridge. Ridges are often assymetrical due to the action of ocean waves from the east.

12. Valbo is most well known these days for its shopping centre, which is one of the largest in Sweden.

13. Relics present here are proof that **Sofiedal** was inhabited as early as the latter part of the Stone Age, 4000 years ago. The sea reached up to this area at the time.

14. At **Allmänninge**, north of the trail, a large treasure of silver was found in 1836 containing jewellery from all over Europe.





Svartviksstugan Cottage at Öjaren Lake



The whisky distillery at Mackmyra



15 kilometres

Skarvstugan Cottage in Hemlingby



Rosenbergs

rest cottage

Högbo Bruk. Nya Herrgården